



The Nova Scotia Prescription Monitoring Program (NSPMP) has integrated benzodiazepines into its list of monitored drugs. NPs who prescribe controlled substances, including opioids, stimulants and benzodiazepines, must be registered with NSPMP to obtain an NSPMP ID. A duplicate prescription pad is not required when prescribing benzodiazepines. For further information about the monitoring of benzodiazepines or for any questions you may have, [click here to visit the NSPMP website](#).

In addition, NSPMP is pleased to announce the addition of a new pharmacist consultant to their team. Lillian Berry is available for prescribing consultations Tuesday - Friday (8 a.m. – 4 p.m.) and can be reached via telephone at 902.496.3636 or by email at [lillian.berry@medavie.bluecross.ca](mailto:lillian.berry@medavie.bluecross.ca).

For further information or anything contained within this document, please contact a NSCN practice consultant at [practice@nscn.ca](mailto:practice@nscn.ca).

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