



In January 2023, the [Dietitians Act \(2009\)](#) was proclaimed in Nova Scotia. This Act enables dietitians to engage in nutrition prescribing. Through the Act, dietitians are authorized to order therapeutic diets, tube feedings, and medications that directly relate to nutrition problems through nutrition prescription. Dietitians have been added to the NSCN glossary definition of [authorized prescribers](#) in these specific practice contexts.

[Nutrition Prescription Standards](#) have been established and approved for use. A dietitian prescribing process is in development to authorize dietitians to prescribe in Nova Scotia. More information can be found on the [Nova Scotia College of Dietitians and Nutritionists](#) website.

If you have any questions, please reach out to an NSCN Practice Consultant at practice@nscn.ca.

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